

10,05	+2.0	David Lima	90	SL Benfica	2el		Madrid-ESP	14-07
10,14	+1.4	David Lima	90	SL Benfica	1		Chaux-Fonds-SUI	02-07
10,21	+1.4	David Lima	90	SL Benfica	1el	Meet. SLB	Lisboa-I	17-06
10,25	-0.8	David Lima	90	SL Benfica	5		Madrid-ESP	14-07
10,27	+1.7	Diogo Antunes	92	SL Benfica	1		Salamanca-ESP	03-06
10,29	+0.6	David Lima	90	SL Benfica	2el		Chaux-Fonds-SUI	02-07
10,30	+0.9	David Lima	90	SL Benfica	1	Meet. SLB	Lisboa-I	17-06
10,30	+1.0	David Lima	90	SL Benfica	1	CN I Div.	Leiria	22-07
10,35	+1.0	David Lima	90	SL Benfica	1s		Gainsville-EUA	28-04
10,35	+0.7	David Lima	90	SL Benfica	1		Yate-GBR	03-06
10,35	+0.3	Diogo Antunes	92	SL Benfica	1el	Meet. SLB	Lisboa-I	17-06
10,38	+1.7	Carlos Nascimento	94	Sporting CP	3		Salamanca-ESP	03-06
10,39	+0.7	Yazaldes Nascimento	86	SL Benfica	1el	Meet. SLB	Lisboa-I	17-06
10,41	+1.7	Ricardo Pereira	96	S23 SL Benfica	4		Salamanca-ESP	03-06
10,41	+1.7	Rafael Jorge	97	S23 SL Benfica	5		Salamanca-ESP	03-06
10,41	-0.6	David Lima	90	SL Benfica	7el	C. Mundo	Londres-GBR	04-08
10,42	+0.9	David Lima	90	SL Benfica	6		Rovereto-ITA	29-08
10,45	+1.7	Yazaldes Nascimento	86	SL Benfica	2		Ávila-ESP	15-07
10,45	+1.0	Carlos Nascimento	94	Sporting CP	2	CN I Div.	Leiria	22-07
10,46	+2.0	David Lima	90	SL Benfica	2el		Clermont-EUA	15-04
10,46	0.0	Diogo Antunes	92	SL Benfica	1		Lisboa-I	29-07
10,47	+0.8	Carlos Nascimento	94	Sporting CP	2	M Maia	Maia	08-07
10,48	+0.7	Ricardo Pereira	96	S23 SL Benfica	2el	Meet. SLB	Lisboa-I	17-06
10,48	+1.2	Ancuiam Lopes	91	Sporting CP	3		Schifflange-LUX	30-07
10,48	+0.4	Diogo Antunes	92	SL Benfica	3qf	Universíadas	Taipé-CHN	23-08
10,49	+1.7	Diogo Antunes	92	SL Benfica	3		Ávila-ESP	15-07
10,51	+0.3	Ancuiam Lopes	91	Sporting CP	1el		Tergnier-FRA	25-05
10,51	+0.3	André Costa	92	SL Benfica	1B		Salamanca-ESP	03-06
10,51	+0.2	José P. Lopes	95	S23 SL Benfica	1B	Meet. SLB	Lisboa-I	17-06
10,51	+0.8	José P. Lopes	95	S23 SL Benfica	5mf	CE s'23	Bydgoszcz-POL	13-07
10,51	-0.6	Ancuiam Lopes	91	Sporting CP	4el	C França	Marselha-FRA	15-07
10,51	-0.1	Diogo Antunes	92	SL Benfica	1el	Universíadas	Taipé-CHN	23-08

(32 marcas / 9 atletas)

10,54	+1.7	Pedro Bernardo	89	SL Benfica	1	M F Ribeiro	Maia	12-07
(10)								
10,54	0.0	Edi Sousa	94	SC Braga	2		Lisboa-I	29-07
10,60	+0.9	William Reais	99	JN (Suíça)	2		Zofingen-SUI	03-06
10,60	+1.7	Wilson Pedro	98	JN CA Bª Banheira	2	M F Ribeiro	Maia	12-07
10,62	+1.4	Francis Obikwelu	78	M35 Sporting CP	1		Lisboa-I	15-07
10,66	+0.3	Ricardo Ribeiro	95	S23 Sporting CP	5B		Salamanca-ESP	03-06
10,67	+1.0	João A. Esteves	98	JN SL Benfica	4s		Maia	20-05
10,68	+0.6	Delvis Santos	99	JN SL Benfica	1s		Maia	20-05
10,71	+1.7	Mauro Pereira	98	JN SL Benfica	3s		Maia	20-05
10,78	-1.5	Tiago Gonçalves	98	JN CA Seia	2el		Lisboa-I	29-07
10,81	+1.4	João Barros	93	C Bf Faro	5el	Meet. SLB	Lisboa-I	17-06
(20)								
10,84	+0.6	Vítor Ricardo Santos	94	SL Benfica	3s		Jacksonville-EUA	08-04
10,85	+0.9	Eduardo Sá	95	S23 SC Braga	1		Guimarães	27-05
10,85	+1.4	Miguel Sambé	95	S23 Sporting CP	5		Lisboa-I	15-07
10,86	+1.2	João Pinto	97	S23 Sporting CP	3el	M Maia	Maia	08-07
10,90	+1.7	Frederico Curvelo	97	S23 SL Benfica	3el	M. Lisboa	Lisboa-I	01-05
10,97	+0.6	Sérgio Silva	96	J Ilha Verde	3s		Maia	20-05
10,97	+2.0	Xavier Rato	99	JN Gira Sol	2el	CN Jun.	Marinha Grande	08-07

10,98	+1.4	Gil Manuel	94		Sporting CP	6		Lisboa-I	15-07
10,99	+2.0	Tiago Crespo	98	JN	SL Benfica	3el	CN Jun.	Marinha Grande	08-07
11,00	+1.0	André Prazeres	99	JN	JOMA	2	CN III Div.	Leiria	22-07
(30)									

ATLETAS ESTRANGEIROS:

10,48	+1.1	Dorian Keletela CGO	99	JN	Sporting CP	1		Lisboa-I	29-07
10,66	+1.0	Holder da Silva GBS	88		Sporting CP	3s		Maia	20-05
10,78	+1.2	Claudino Tavares CBV	92		J Vidigalense	3	M V Tavares	Faro	13-05
10,83	+1.5	Souflan Bouhadda ALG	90		Sporting CP	1		Maia	14-06
10,87	+1.7	João Djibo GBS	94		SL Benfica	2el	M. Lisboa	Lisboa-I	01-05
10,87	+0.2	Wilson Martins CBV	88		J Vidigalense	1		Marinha Grande	20-05
10,89	+2.0	Jordin Andrade CBV	92		Sporting CP	3el	M Maia	Maia	08-07