

	13,74	-0.6	Rasul Dabo	89	Sporting CP	3B	
	13,84	+1.2	Rasul Dabo	89	Sporting CP	2	
	13,88	+1.0	Rasul Dabo	89	Sporting CP	1	
	13,92	-2.1	Rasul Dabo	89	Sporting CP	1	
Alt.	13,94	+1.4	Rasul Dabo	89	Sporting CP	1el	
	13,94	-0.3	Rasul Dabo	89	Sporting CP	2	
	13,99	+0.4	Rasul Dabo	89	Sporting CP	2	
Alt.	13,99	+1.9	Rasul Dabo	89	Sporting CP	1	
	14,01	+1.1	Rasul Dabo	89	Sporting CP	1	CN I Div.
	14,11	-1.9	Rasul Dabo	89	Sporting CP	5	
	14,14	+1.1	Rasul Dabo	89	Sporting CP	1el	
	14,23	-0.2	Hélio Vaz	91	SL Benfica	3	C Eur. Sel.
	14,25	+0.4	Hélio Vaz	91	SL Benfica	3	
	14,27	+1.1	Hélio Vaz	91	SL Benfica	2el	
	14,37	+1.1	Hélio Vaz	91	SL Benfica	2	CN I Div.
	14,42	+1.7	Paulo Neto	97	S23 A Jard. Serra	1	CN s'23
	14,45	+1.1	João Fontela	91	J Vidigalense	3	CN I Div.
	14,51	-0.3	Hélio Vaz	91	SL Benfica	2el	C Eur. Sel.
	14,51	+1.7	António J Gomes	95	S23 CA Seia	2	CN s'23
	14,52	-5.0	Rasul Dabo	89	Sporting CP	2el	
	14,67	-0.6	Hélio Vaz	91	SL Benfica	1	
	14,69	-0.8	Samuel Remédios	92	SL Benfica	D	CE Sel.
	14,70	+1.1	Paulo Neto	97	S23 A Jard. Serra	4	CN I Div.
	14,77	+1.9	António J Gomes	95	S23 CA Seia	1	
	14,77	0.0	Paulo Neto	97	S23 A Jard. Serra	1	CN CI-ap
	14,79	+1.0	António J Gomes	95	S23 CA Seia	4	
	14,80	-0.9	João Fontela	91	J Vidigalense	1	
	14,83	+1.5	Yvan Ribeiro	99	JN (França)	2	
	14,87	+1.1	António J Gomes	95	S23 CA Seia	4el	
	14,88	+0.6	António J Gomes	95	S23 CA Seia	1el	CN s'23
	14,92	+0.5	António J Gomes	95	S23 CA Seia	2B	
	14,92	-5.0	João Fontela	91	J Vidigalense	3el	
	14,92	+1.1	António J Gomes	95	S23 CA Seia	5	CN I Div.
	14,93	-2.9	Hélio Vaz	91	SL Benfica	ex	
	14,98	-2.7	João Fontela	91	J Vidigalense	1	CN CI-ap
	14,99	+0.7	Paulo Neto	97	S23 A Jard. Serra	1	
			(15,00)				
			(36 marcas / 7 atletas)				
	15,15	+1.7	Diogo Oliveira	97	S23 CA Seia	3	CN s'23
	15,17	+1.0	Rafael Correia	93	Sporting CP	1	
	15,22	+1.7	Edjoy Almeida	97	S23 GD Cavadas	4	CN s'23
			(10)				
	15,50	+0.1	Reinaldo Moniz	98	JN J Ilha Verde	1	
	15,73	-1.2	Pedro Ferreira	96	S23 C+S Lavra	D	CE Sel.
	15,77	-2.1	Carlos Lopes	83	GA Fátima	6	
	15,78	-3.6	Edivaldo Monteiro	76	M40 CDR Ribeirinho	1	
	15,80	-0.6	Filipe Guerreiro	97	S23 Campismo SJM	2	CN II Div.
	15,87	-0.6	João Silva	99	JN AC Vermoil	4	CN II Div.
	15,89	-2.0	Joaquim Moreira	93	CD Póvoa	1	C. Norte

15,92	-2.2	André Silva	94		Esc. Movimento	2	C. Norte
15,94	0.0	Rodrigo Dionísio	85		CS Marítimo	2	CN Cl-ap
16,00	-0.3	Ruben Couchinho	95	S23	Sporting CP	1	
(20)							
16,07	+1.1	Marco Ribeiro	97	S23	ACR Srª Desterro	6	CN I Div.
16,14	-0.8	Pedro Vila Cova	96	S23	C+S Lavra	1	CN Univ
16,32	-2.7	Carlos Prino	97	S23	GA Fátima	D	
16,40	0.0	Tito Fernandes	99	JN	ADR Ág. Pena	3	CN Cl-ap
16,41	-3.6	Luis Fernandes	82		GD Cavadas	3	
16,49	+0.3	Pedro Jorge Silva	99	JN	Maia AC	2	CN Cl-ap
16,60	-3.6	Luciano Lima	96	S23	CCD Ribeirinho	4	
16,61	-0.3	Diogo Pacheco	99	JN	SL Benfica	2	
16,70	-0.5	Tiago Boucela	92		Grecas	D	CE Sel.
16,73	+1.1	Rafael Vilas Boas	95	S23	SC Braga	7	CN I Div.
(30)							

Alt - provas realizadas em altitude (>1000 m)

**Atletas estrangeiros:**

STP	15,22	+0.6	Mauro Fonseca	95	S23	Gira Sol	2el	CN s'23
CBV	16,40	-0.6	Ulisses Tavares	92		ADR Ág. Pena	5	CN II Div.
CBV	16,73	-2.7	Gracelino Barbosa	85		ACR Srª Desterro	1	CN Cl-ap

**Vento favorável >+2 m/s:**

13,87	+3.5	Hélio Vaz	91		SL Benfica	1	C Portugal
14,06	+3.5	João Fontela	91		J Vidigalense	3	C Portugal
14,33	+3.5	Paulo Neto	97	S23	ACD J Serra	4	C Portugal
14,63	+6.1	Samuel Remédios	92		SL Benfica	2	
14,70	+2.2	Yvan Ribeiro	99	JN	(França)		
14,80	+6.1	Rafael Correia	93		Sporting CP	3	
15,69	+3.5	Carlos Lopes	83		GA Fátima	8	C Portugal
16,05	+6.1	Rafael Vilas Boas	95	S23	SC Braga	5	
16,57	+3.6	Joaquim Cabral	88		CO Pechão	D	C Portugal
16,61	+3.6	Eduardo Valério	96	S23	J Vidigalense	D	C Portugal

Madrid-ESP	14-07
Castres-FRA	26-07
Ávila-ESP	15-07
Cáceres-ESP	28-06
Monachil-ESP	07-07
Nove Mesto-CHE	29-07
Salamanca-ESP	03-06
Monachil-ESP	07-07
Leiria	23-07
Huelva-ESP	14-06
Salamanca-ESP	03-06
Vaasa-FIN	25-06
Salamanca-ESP	03-06
Salamanca-ESP	03-06
Leiria	23-07
Pombal	02-07
Leiria	23-07
Vaasa-FIN	23-06
Pombal	02-07
Cáceres-ESP	28-06
P. Varzim	24-05
Monzón-ESP	02-07
Leiria	23-07
Maia	20-05
Ribeira Brava	28-05
Ávila-ESP	15-07
Pontevedra-ESP	07-07
Nice-FRA	21-05
Salamanca-ESP	03-06
Pombal	02-07
Salamanca-ESP	03-06
Cáceres-ESP	28-06
Leiria	23-07
Guarda	29-04
Fátima	28-05
Luso	07-05
Pombal	02-07
Lisboa-I	16-07
Pombal	02-07
Ponta Delgada	14-07
Monzón-ESP	02-07
Cáceres-ESP	28-06
Setúbal	15-07
Leiria	23-07
Leiria	23-07
Maia	16-07

Maia	16-07
Ribeira Brava	28-05
Lisboa-I	25-06

Leiria	23-07
Faro	14-05
Luso	21-05
Ribeira Brava	28-05
Setúbal	15-07
Guimarães	28-05
Setúbal	15-07
Lisboa-I	25-06
Monzón-ESP	02-07
Leiria	23-07

Pombal	02-07
Leiria	23-07
Fátima	28-05

Vagos	11-06
Vagos	11-06
Vagos	11-06
Abrantes	03-06
Nice-FRA	07-05
Abrantes	03-06
Vagos	11-06
Abrantes	03-06
Vagos	11-06
Vagos	11-06