

16,90	p.c. Jessica Include	96	S23	Sporting CP	1	C Portugal	Pombal	11-02
16,60	Jessica Include	96	S23	Sporting CP	1		Lisboa-AL	23-06
16,54	p.c. Jessica Include	96	S23	Sporting CP	1	CN s'23	Pombal	25-02
16,45	p.c. Jessica Include	96	S23	Sporting CP	1		CAR Jamor	25-01
16,24	Jessica Include	96	S23	Sporting CP	2		Salamanca-ESP	03-06
16,20	p.c. Jessica Include	96	S23	Sporting CP	1		Pombal	26-02
16,19	Jessica Include	96	S23	Sporting CP	5		Székesfehérvár-HUN4	04-07
16,16	p.c. Jessica Include	96	S23	Sporting CP	1	CN I Div.	Pombal	19-02
16,11	p.c. Jessica Include	96	S23	Sporting CP	1		CAR Jamor	04-02
16,01	Jessica Include	96	S23	Sporting CP	1	M Lisboa	Lisboa-I	01-05
15,71	p.c. Jessica Include	96	S23	Sporting CP	1	CN CI-ap	Pombal	21-01
15,60	Jessica Include	96	S23	Sporting CP	5		Huelva-ESP	14-06
15,60	Jessica Include	96	S23	Sporting CP	2	ML J Vid.	Leiria-CNL	30-07
15,59	Jessica Include	96	S23	Sporting CP	1	C Portugal	Vagos	11-06
15,50	Jessica Include	96	S23	Sporting CP	1		Torres Vedras	04-04
15,50	Jessica Include	96	S23	Sporting CP	2	ML J Vid.	Leiria-CNL	29-07
15,46	Jessica Include	96	S23	Sporting CP	1	CN s'23	Pombal	02-07
15,02	Jessica Include	96	S23	Sporting CP	2		Leiria-CNL	29-06
15,01	Jessica Include	96	S23	Sporting CP	1		Leiria-CNL	20-07
14,95	Jessica Include	96	S23	Sporting CP	4	J. Islâmicos	Baku-AZE	17-05
14,95	Jessica Include	96	S23	Sporting CP	1	CN I Div.	Leiria-CNL	23-07
14,94	Jessica Include	96	S23	Sporting CP	1		Almada	15-06
14,63	Jessica Include	96	S23	Sporting CP	30	C. Mundo	Londres-GBR	08-08
14,61	Lecabela Quaresma	89	SL	Benfica	H		Kladno-CHE	17-06
14,58	* Francislaine Serra	94		Sporting CP	4	ML J Vid.	Leiria-CNL	30-07
14,46	Antónia Borges	83	CJ	Sal. Arouca	2		M Alfort-FRA	27-05
14,45	p.c. Antónia Borges	83	CJ	Sal. Arouca	2		Lyon-FRA	04-02
14,29	p.c. Lecabela Quaresma	89	SL	Benfica	P	C França	Bordéus-FRA	19-02
14,28	Francisaine Serra	94		Sporting CP	2	C Portugal	Vagos	11-06
14,27	Francisaine Serra	94		Sporting CP	4	ML J Vid.	Leiria-CNL	29-07
14,25	p.c. Lecabela Quaresma	89	SL	Benfica	P	C Europa	Belgrado-SER	03-03
14,21	Antónia Borges	83	CJ	Sal. Arouca	3		La Norville-FRA	11-06
14,15	p.c. Antónia Borges	83	CJ	Sal. Arouca	2	C Portugal	Pombal	11-02
14,14	p.c. Antónia Borges	83	CJ	Sal. Arouca	1		Reims-FRA	29-01
14,09	Antónia Borges	83	CJ	Sal. Arouca	4		Pontoise-FRA	25-06
14,08	Antónia Borges	83	CJ	Sal. Arouca	1		Creteil-FRA	07-05
13,97	p.c. Antónia Borges	83	CJ	Sal. Arouca	3		Eaubonne-FRA	22-01
13,97	p.c. Antónia Borges	83	CJ	Sal. Arouca	8ex	C. França	Bordéus-FRA	18-02
13,95	Antónia Borges	83	CJ	Sal. Arouca	3		Albi-FRA	09-07
13,94	Antónia Borges	83	CJ	Sal. Arouca	10	C. França	Marselha-FRA	15-07
13,93	Francisaine Serra	94		Sporting CP	1		Lisboa-AL	14-07
13,88	p.c. Lecabela Quaresma	89	SL	Benfica	2		Val de Reuil-FRA	07-01
13,85	Antónia Borges	83	CJ	Sal. Arouca	1		Antony-FRA	20-05
13,68	Marisa V. Carvalho	99	JN	SL Benfica	2	M Lisboa	Lisboa-I	01-05
13,68	Francisaine Serra	94		Sporting CP	4		Leiria-CNL	29-06
13,65	p.c. Antónia Borges	83	CJ	Sal. Arouca	1		Val de Reuil-FRA	15-01
13,59	p.c. Antónia Borges	83	CJ	Sal. Arouca	3		Eaubonne-FRA	27-11
13,53	Lecabela Quaresma	89	SL	Benfica	H	C Eur. Sel.	Monzón-ESP	01-07
13,48	Ophélie Oliveira	96	S23	J Vidigalense	14	TE Lanç.	Las Palmas-ESP	11-03
13,48	Lecabela Quaresma	89	SL	Benfica	1		Sotheville-FRA	07-05
13,48	Lecabela Quaresma	89	SL	Benfica	1	CN CI-ap	Vendas Novas	28-05
13,48	Lecabela Quaresma	89	SL	Benfica	H	C. Mundo	Londres-GBR	05-08

13,43	p.c. Ophélie Oliveira	96	S23	J Vidigalense	2		Lyon-FRA	05-02
13,34	Lecabela Quaresma	89		SL Benfica	2		Sotteville-FRA	26-04
13,30	p.c. Lecabela Quaresma	89		SL Benfica	P		Mondeville-FRA	18-12
13,27	p.c. Antónia Borges	83		CJ Sal. Arouca	3		Paris-FRA	11-12
13,15	Ophélie Oliveira	96	S23	J Vidigalense	3	C Portugal	Vagos	11-06
13,07	p.c. Marisa V. Carvalho	99	JN	SL Benfica	P	C Portugal	Pombal	12-02
13,05	p.c. Ophélie Oliveira	96	S23	J Vidigalense	4		Pombal	26-02

(até 13,00)

(59 marcas / 6 atletas)

12,82	p.c. Elsa Cruz	97	S23	SC Braga	1	C. Norte	Braga	07-01
12,80	Fátima Ribeiro	91		GD Estreito	1	CN Cl-ap	Funchal	28-05
12,74	Liliana Cá	86		AD Novas Luzes	2		Almada	15-06
12,66	Jéssica Barreira	97	S23	Sporting CP	H		Tucson-EUA	07-04
	(10)							
12,63	p.c. Teresa Silva	97	S23	SL Benfica	3	CN s'23	Pombal	25-02
12,24	Ana Beatriz Gomes	00	JV	CS Marítimo	2	CN Cl-ap	Funchal	27-05
11,94	Inês Carreira	00	JV	J Vidigalense	2	CN Jun.	Marinha Grande	09-07
11,81	Catarina Fernandes	98	JN	Sporting CP	H	C Eur. Sel.	Monzón-ESP	01-07
11,79	p.c. Inês Fernandes	88		ADC Lovelhe	4	CE Def Int.	Praga-CHE	12-03
11,78	Sónia Borges	85		(França)	6		Norville-FRA	11-06
11,64	p.c. Daniela Carvalho	74	F40	Esc Movimento	1	CN II Div.	Pombal	18-02
11,62	p.c. Erica Borges	00	JV	CA Terceira	2	CN Jun.	Braga	28-01
11,59	Cristiana Campos	95	S23	Gira Sol	2	CN Cl-ap	Fátima	28-05
11,51	Purificação Fernandes	83		ADRE Palhaça	3		Lovelhe	22-06
	(20)							
11,45	Fernanda A. Martins	75	F40	CF Oliv. Douro	1		Lousada	14-01
11,41	Anabela Neto	91		Sporting CP	H		Luso	06-05
11,34	p.c. Valeriya Semenikhina	99	JN	SL Benfica	6	CN s'23	Pombal	25-02
11,32	Cristina Ferreira	79	F35	A Jard Serra	3	CN Cl-ap	Funchal	28-05
11,23	Micaela Sereno	00	JV	J Vidigalense	4	CN Jun.	Marinha Grande	09-07
11,21	Ângela Costa	99	JN	CDR Ribeirinho	H	CN Jun.	Marinha Grande	08-07
11,13	Cláudia Ferreira	98	JN	Sporting CP	5	CN Jun.	Marinha Grande	09-07
11,10	p.c. Diana Hernandez	93		ACD Srª Desterr	3	CN Cl-ap	Pombal	21-01
11,06	Juliana Rei	99	JN	Gira Sol	7	CN Jun.	Marinha Grande	09-07
11,05	Carolina Fernandes	01	JV	SUO Vais	8	CN Jun.	Marinha Grande	09-07
	(30)							

\* portuguesa desde 10-6-2017

#### ATLETAS ESTRANGEIRAS:

18,37	Auriol Dongmo	CMF	90		Sporting CP	2		S.Ber.Campo-BRA	03-06
15,21	p.c. Eliana Bandeira	BRA	96	S23	J Vidigalense	ex	C Portugal	Pombal	11-02
14,98	p.c. Francislane Serra	BI	94		Sporting CP	ex	C Portugal	Pombal	11-02